



NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS

The Triple Aim

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The Triple Aim

Improve the Patient
EXPERIENCE



Achieve Better
HEALTH Through
Improved Outcomes

Manage or Reduce
COSTS

The Triple Aim

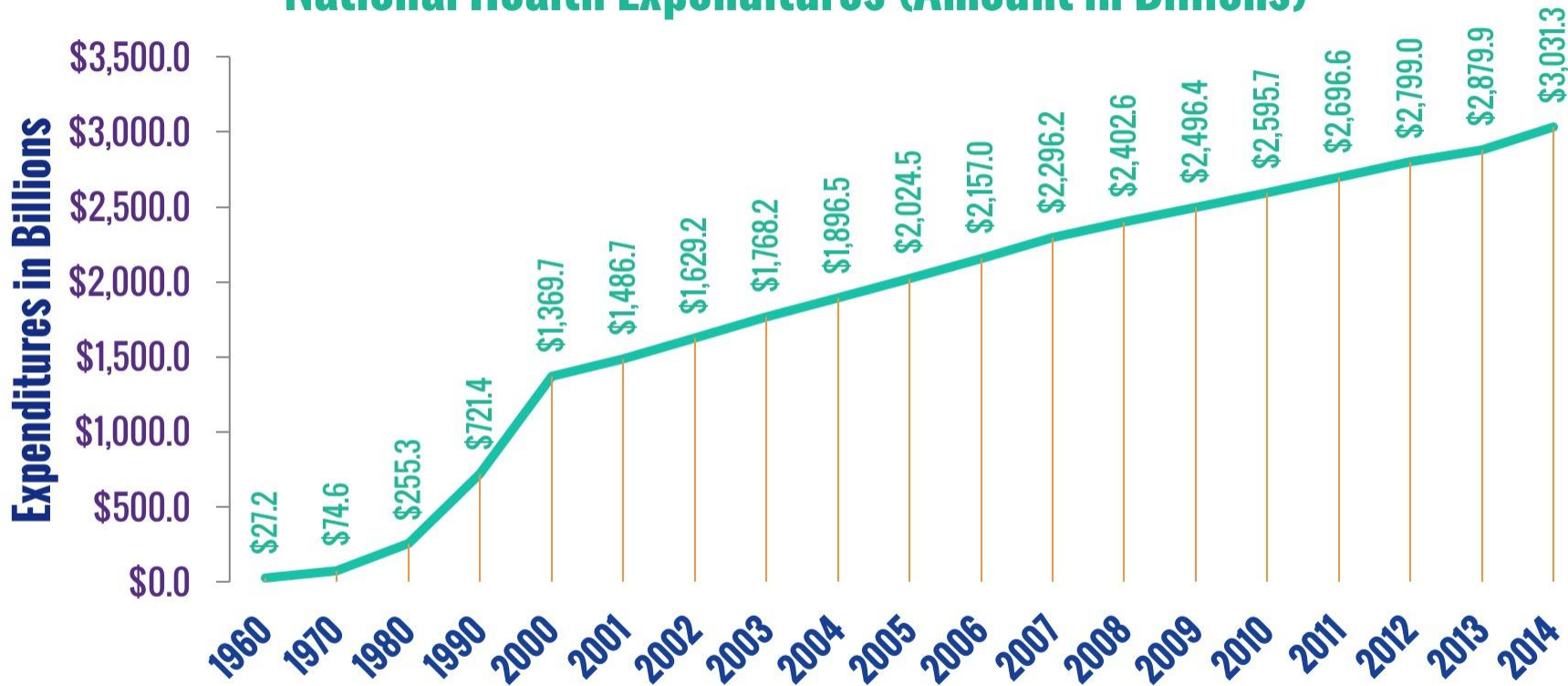
Improve the Patient
EXPERIENCE



Achieve Better
HEALTH Through
Improved Outcomes

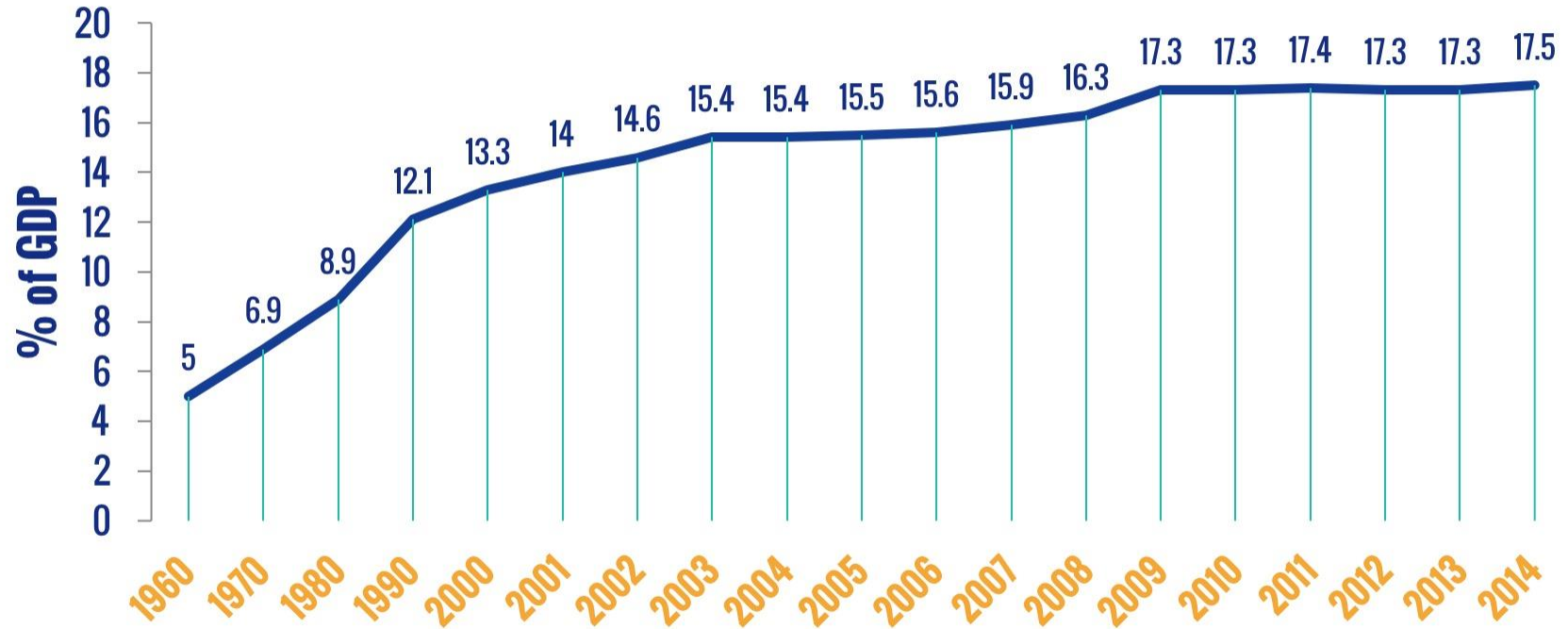
Manage or Reduce
COSTS

National Health Expenditures (Amount in Billions)



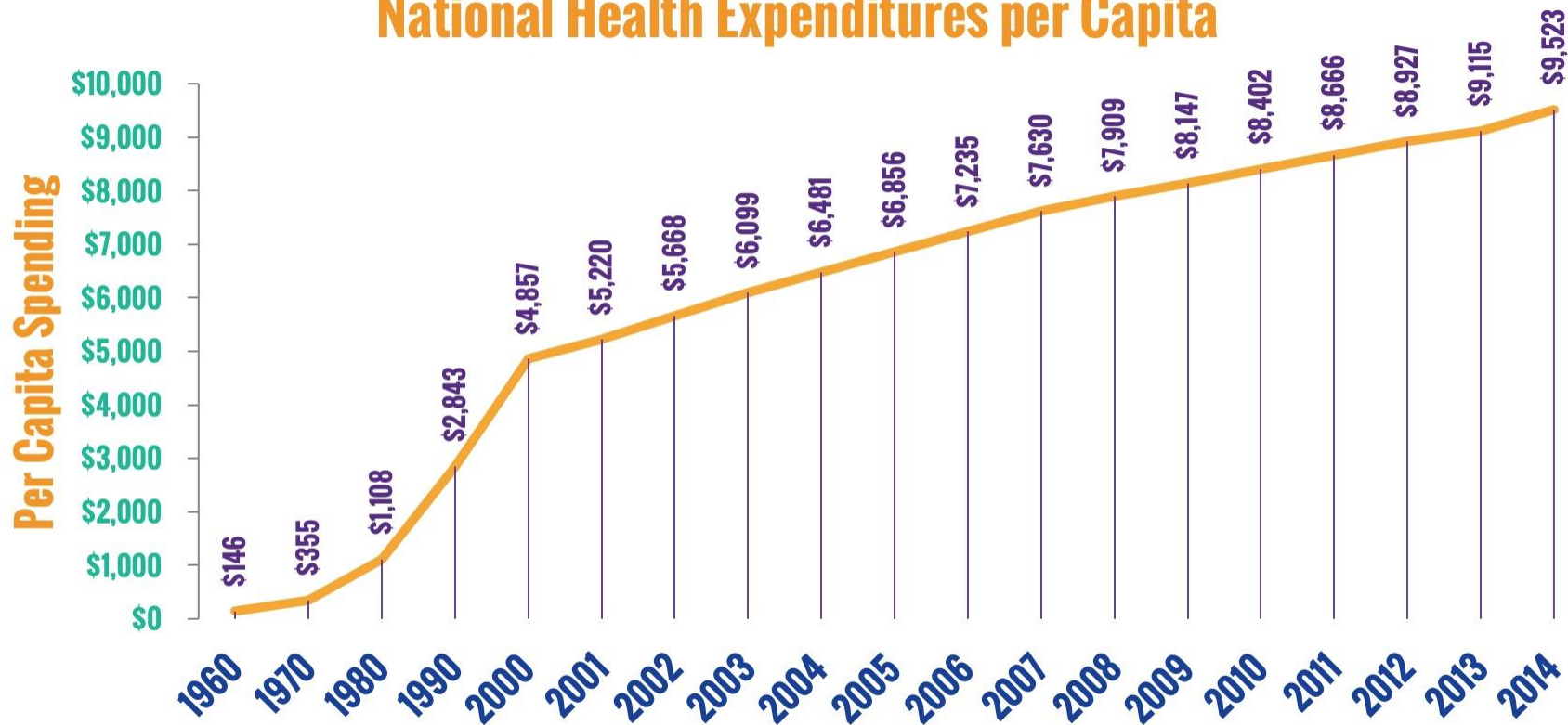
SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group; U.S. Department of Commerce, Bureau of Economic Analysis; and U.S. Bureau of the Census.

US Health Expenditures as a Percent of GDP

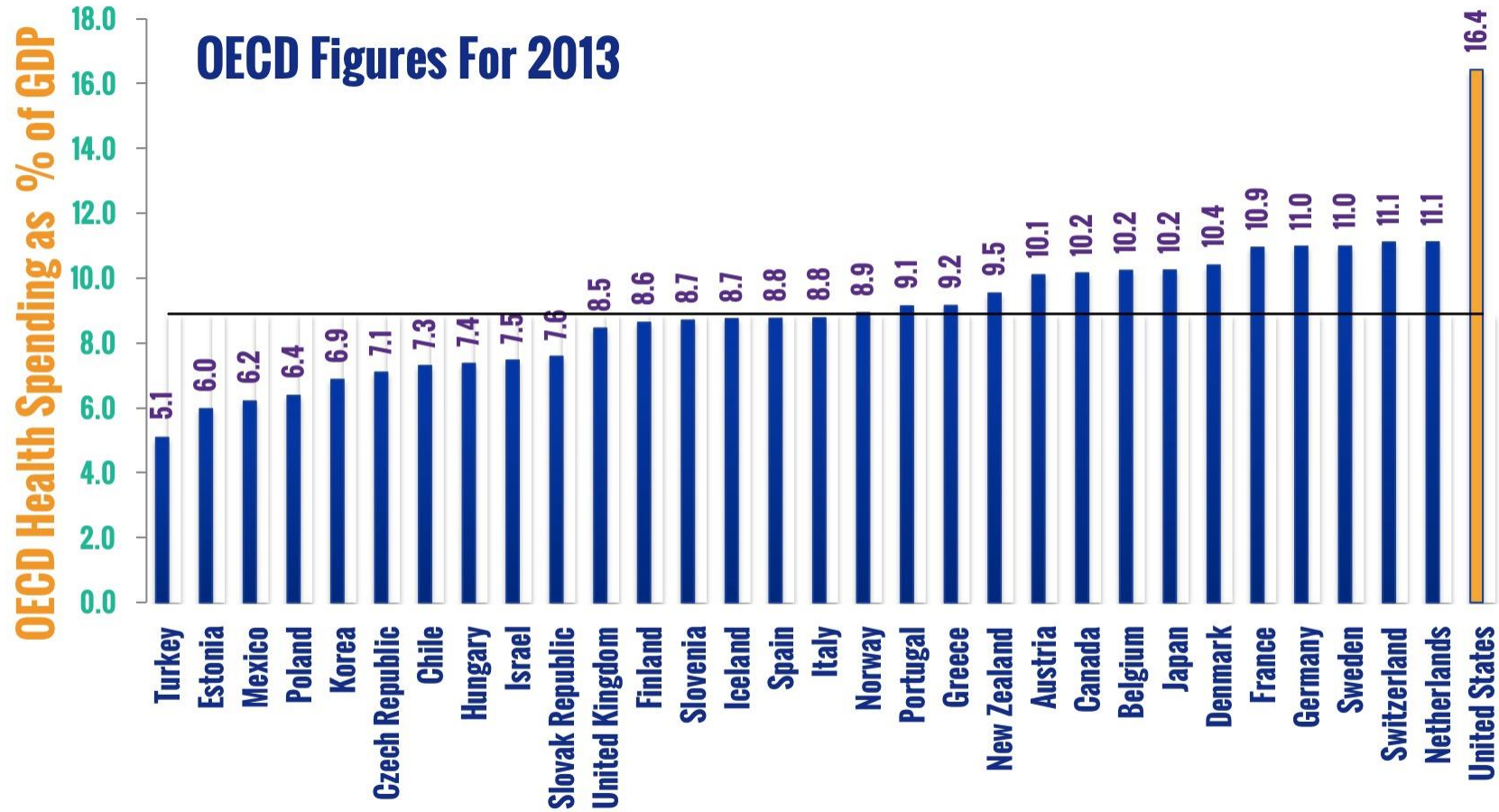


SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group; U.S. Department of Commerce, Bureau of Economic Analysis; and U.S. Bureau of the Census.

National Health Expenditures per Capita



SOURCE: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group; U.S. Department of Commerce, Bureau of Economic Analysis; and U.S. Bureau of the Census.



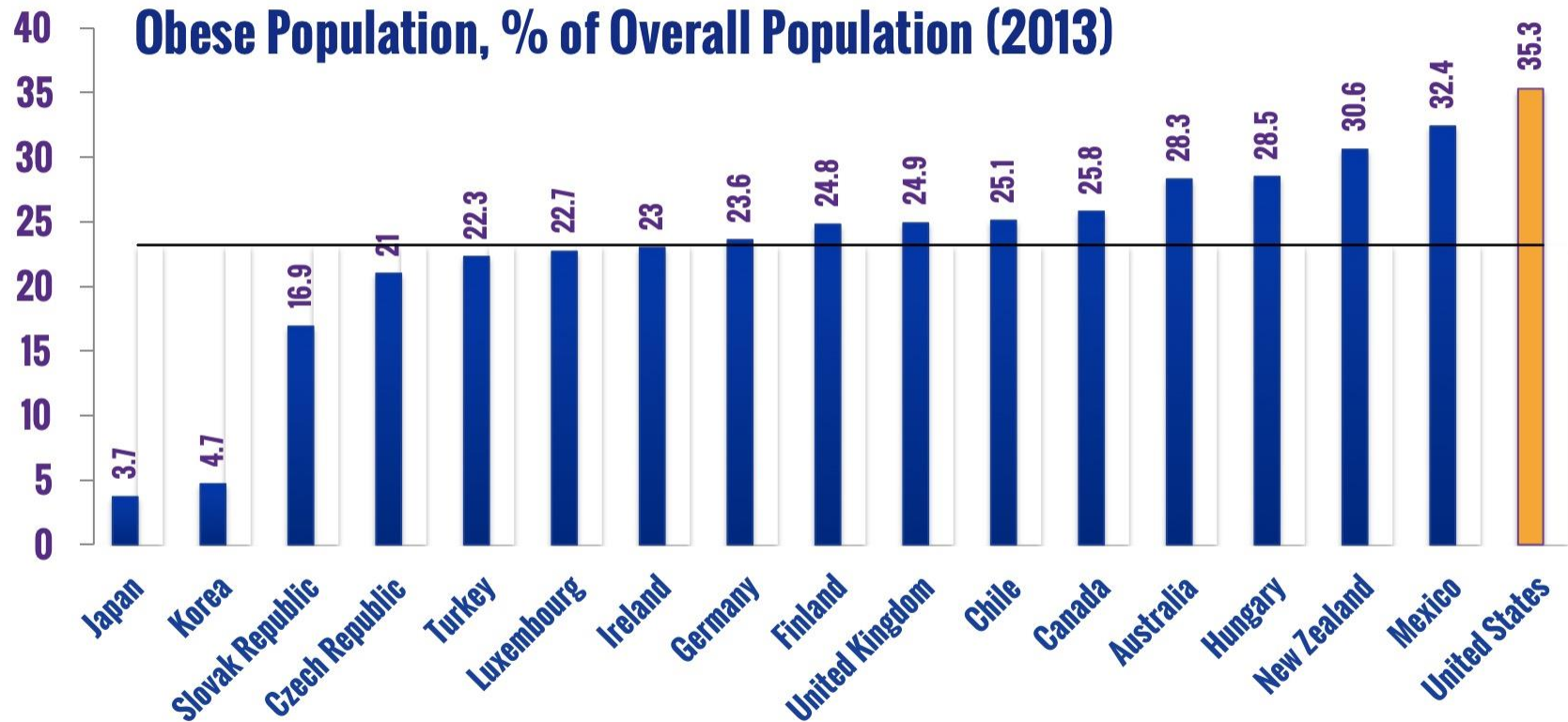
SOURCE: OECD Health Statistics 2015 <http://stats.oecd.org/Index.aspx?DataSetCode=SHA>

The Triple Aim

- **Through 2008, America's health was poorer than the average of peer nations in these areas:**
 - **Infant mortality and low birth weight ,**
 - **Injuries and homicides,**
 - **Adolescent pregnancy and sexually transmitted infections,**
 - **HIV and AIDS,**
 - **Drug-related deaths,**
 - **Obesity and diabetes,**
 - **Heart disease,**
 - **Chronic lung disease,**
 - **Disability**

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- Despite **American mortality** being among the lowest 3rd of OECD nations for cancer and cerebrovascular disease, Americans are in the worst 3rd of OECD nations for mortality related to **transportation accidents** and **infant mortality** .



The Triple Aim

- Yet Americans continue have the highest percentage of its citizens **(89.5%) reporting “good” perceived healthcare** when compared to 34 other OECD nations.

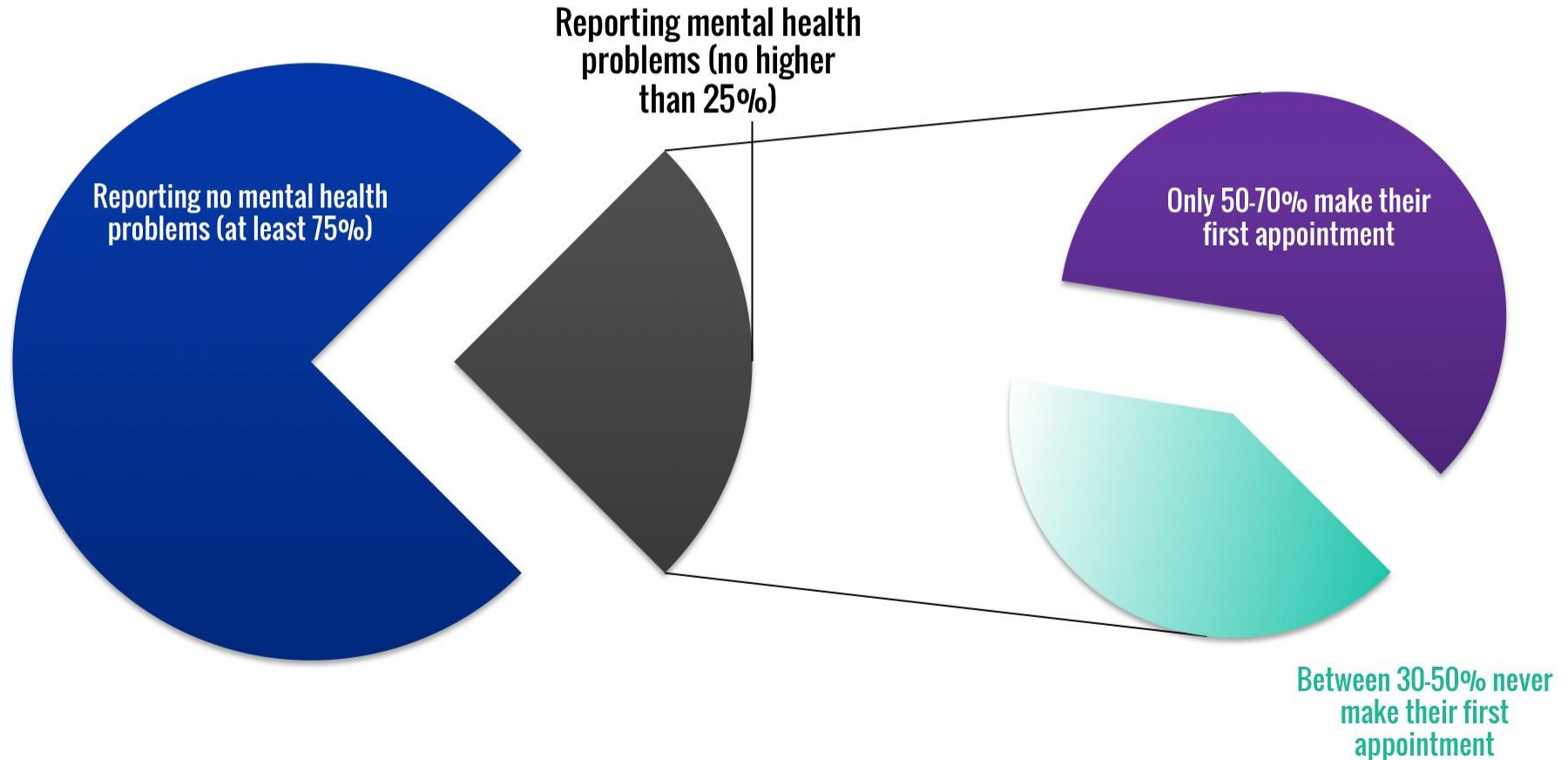


**The Patient
Protection
&
Affordable
Care Act**

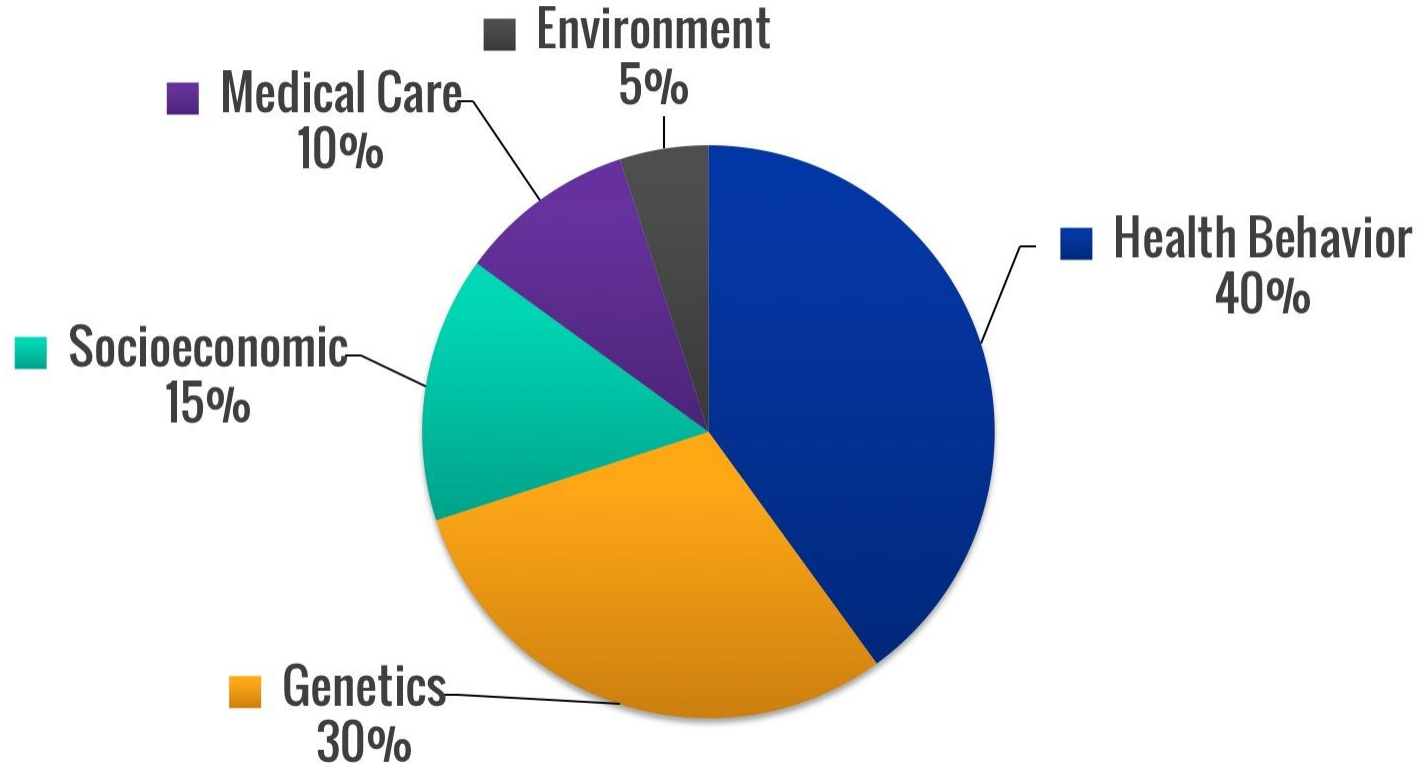


111th Congress of the United States
H.R. 3590

Behavioral Health Treatment

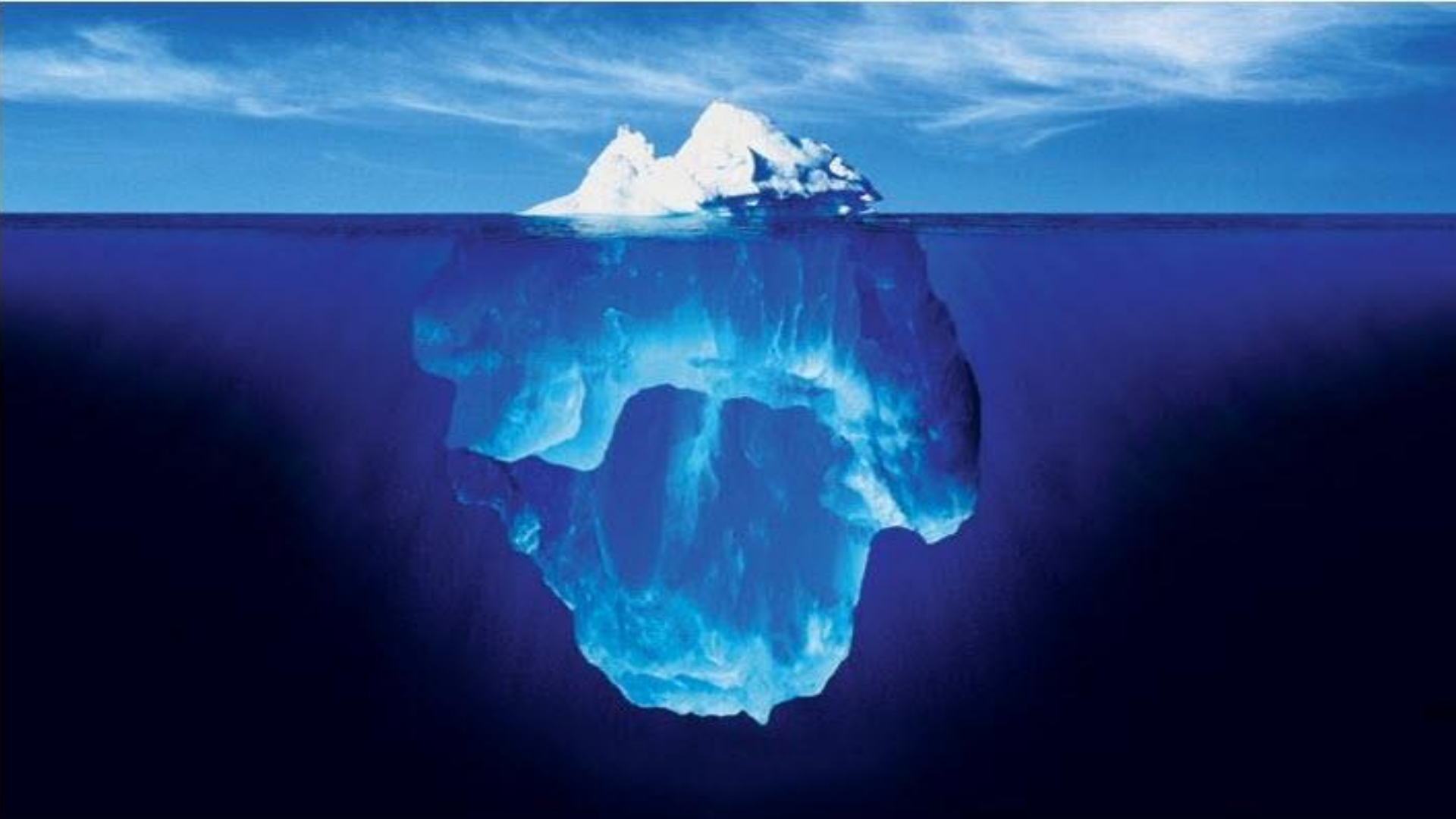


Causes of Premature Death in the US



McGinnis JM, Foege WH. Actual Causes of Death in the United States. JAMA 1993; 270:2207-12.

Mokdad AH, Marks JS, Stroup DF, Gerberding JL. Actual Cause of Death in the United States, 2000. JAMA 2004;291:1230-1245



Health Disparities

White or Caucasian

1. Heart Disease

2. Cancer

3. Stroke
4. Chronic lower respiratory disease
5. Unintentional injuries
6. Alzheimer's Disease
7. Diabetes
8. Influenza and pneumonia
9. Kidney disease
10. Suicide

Native American

1. Heart Disease

2. Cancer

3. Unintentional injuries
4. Diabetes
5. Chronic liver disease
6. Chronic lower respiratory disease
7. Stroke
8. Suicide
9. Kidney Disease
10. Influenza and pneumonia

Asian American

1. Cancer

2. Heart Disease

3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney disease
10. Alzheimer's disease

Health Disparities

African American

1. Heart Disease
2. Cancer
3. Stroke
4. Diabetes
5. Unintentional injuries
6. Kidney Disease
7. Chronic lower respiratory disease
8. Homicide
9. Septicemia
10. Alzheimer's disease

Pacific Islander

1. Cancer
2. Heart disease
3. Stroke
4. Unintentional injuries
5. Diabetes
6. Influenza and pneumonia
7. Chronic lower respiratory disease
8. Suicide
9. Kidney Disease
10. Alzheimer's disease

Latino American

1. Cancer
2. Heart disease
3. Unintentional injuries
4. Stroke
5. Diabetes
6. Chronic liver disease
7. Chronic lower respiratory disease
8. Influenza and pneumonia
9. Homicide
10. Kidney Disease

Are you a candidate for heart disease?

Don't eat junk food!

Don't smoke!

You must eat a healthy diet!

Don't do drugs!

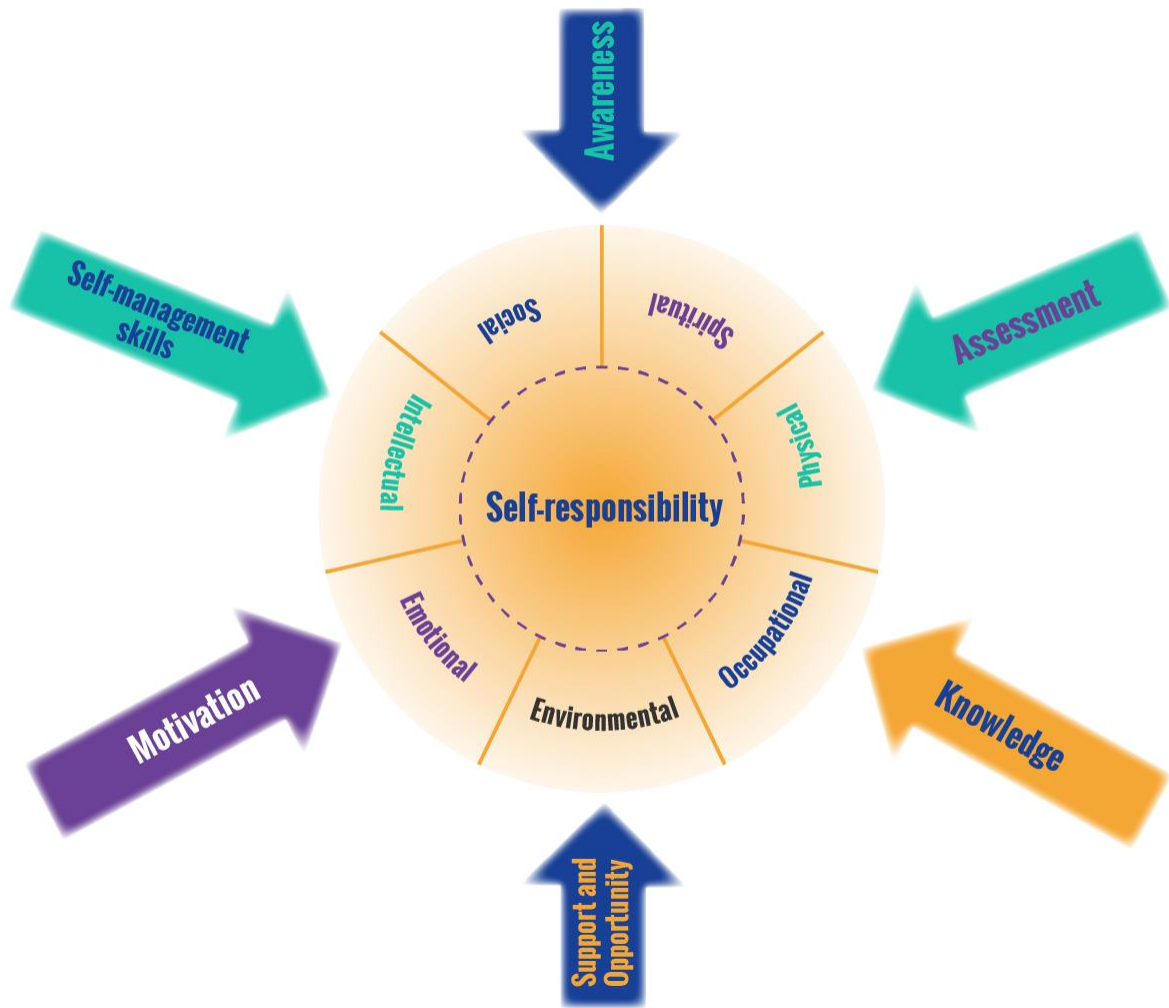
Watch out for diabetes!

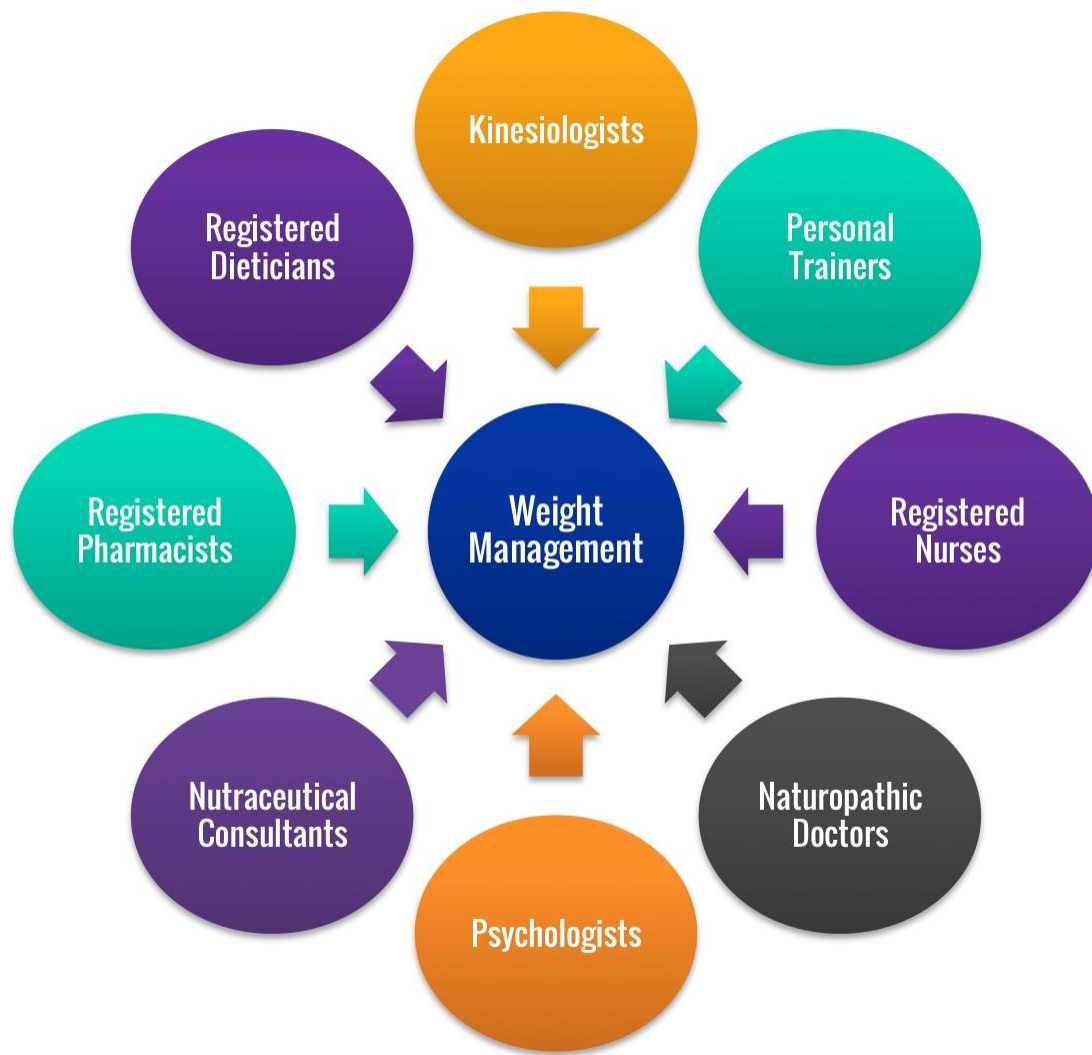
Don't watch TV!

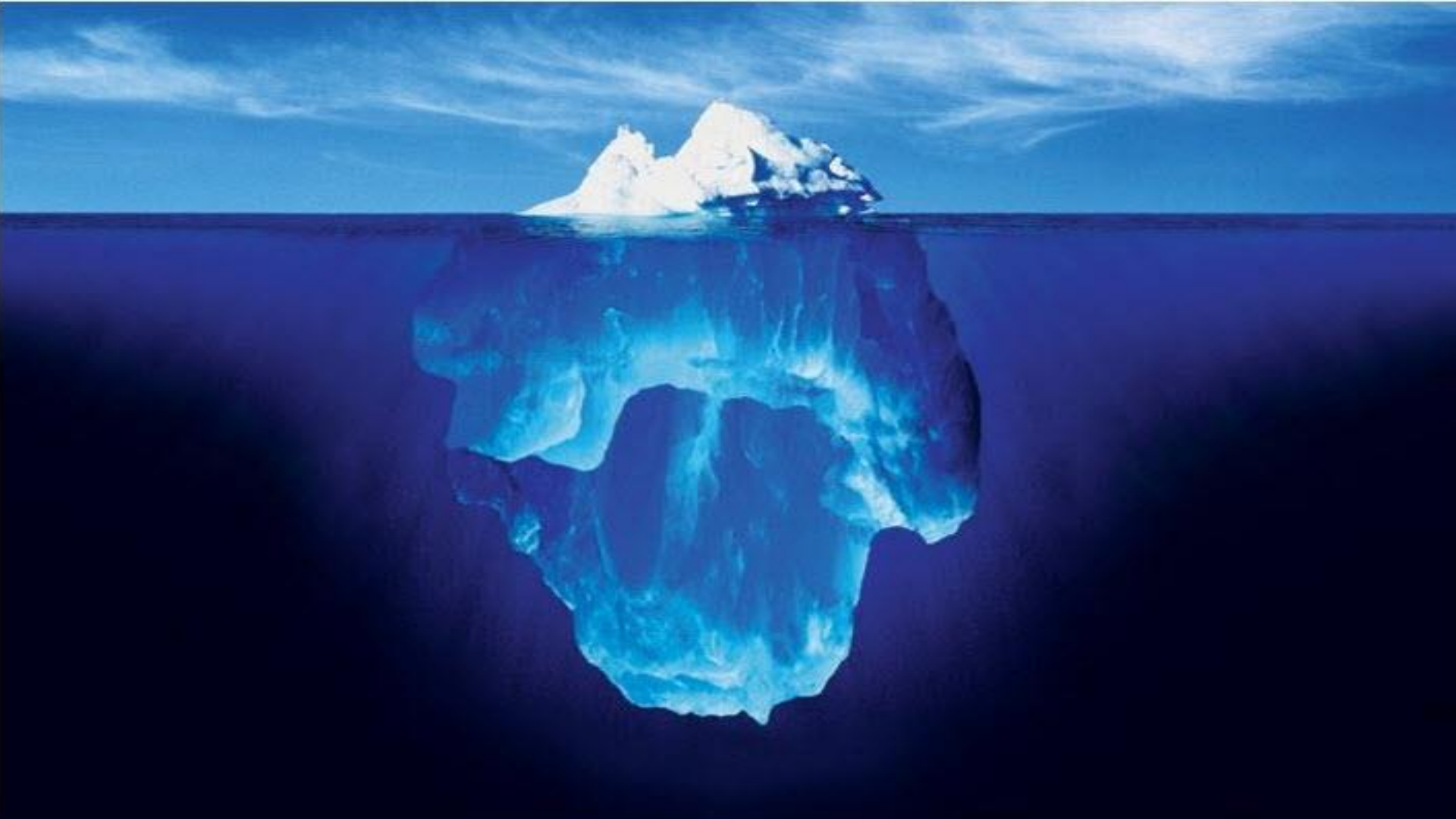
You must be more active!



So much information! So many choices to be made! What does it all mean?









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